

Exum Utah Mountain Adventures equipment lists

Rock climbing & canyoneering gear

Provided by Exum:*

- Harness (*you can use your own if you would like)
- Helmet (*you can use your own if you would like)
- Ropes (Exum will provide ropes)
- Hardware (Exum will provide all necessary hardware)
- Belay device & locking carabiner (*you can use your own if you would like)

Equipment for rock climbing or canyoneering that you need to bring:

- Rock climbing shoes (not needed for canyoneering) (Rentals available at)

Black Diamond Retail Outlet- 2084 East 3900 South - SLC, UT 84124 - (801) 278-0233
International Mountain Equipment(IME)- 3265 East 3300 South - SLC, UT 84109 - (801) 484-8073
REI- 3285 East 3300 South - SLC, UT 84109 - (801) 486-2100
Wasatch Touring- 702 East 100 South - (801) 359-9361

- 2 liters of water
- Lunch and snacks
- Approach shoes (no sandals)
- Comfortable and flexible pants(no jeans) and top
- Waterproof/windproof jacket
- Light fleece jacket or sweatshirt
- Sunglasses
- Camera
- Sunscreen
- Day backpack

Ice climbing gear

Provided by Exum:*

- Harness(*you can use your own if you would like)
- Helmet(*you can use your own if you would like)
- Ropes (Exum will provide ropes)
- Hardware (Exum will provide all necessary hardware)
- Belay device & locking carabiner(*you can use your own if you would like)

Equipment for ice climbing that you need to bring:

- Vertical ice crampons (Rentals available at)

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- 2 ea vertical ice tools with leashes (also available for rental at above stores)
- Plastic or leather rigid sole boots for crampons(also available for rental at above stores)
- 1 or 2 liters of water
- Lunch and quick energy snacks
- Hat, headband or balaclave for under helmet
- Fleece or liner gloves
- Waterproof snow gloves and mittens or spare gloves
- Wool (and liner) socks
- Down, polarguard or fleece belay jacket (one that fits over outerwear)
- Waterproof/windproof top and bottom outer shell
- Non-cotton top & bottom layers (capilene or polypro)
- Get cold easy? layer over light/medium weight with expedition weight layer
- Sunglasses, goggles and/or clear protective glasses (optional)
- Camera
- Sunscreen
- Day backpack

Mountaineering gear

Provided by Exum:*

- Harness (*you can use your own if you would like)
- Helmet (*you can use your own if you would like)
- Ropes (Exum will provide ropes)
- Hardware (Exum will provide all necessary hardware)
- Belay device & locking carabiner(*you can use your own if you would like)
- Avalanche transceiver(*you can use your own if you would like)
- Shovel (*you can use your own if you would like)

Equipment for mountaineering that you need to bring:

- Mountaineering crampons (Rentals available at)

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- Mountaineering ice axe (also available for rental at above stores)
- Full or 3/4 shank boots-Mountaineering, ski touring or telemark(also available for rental at above stores)
- Skis, split snowboard or snowshoes for approach(not needed for skills courses)
- 2 liters of water
- lunch and snacks
- Fleece or liner glove (optional)
- Waterproof snow gloves and mittens
- Wool (and liner) socks
- Waterproof/windproof top and bottom outer shell
- Fleece insulation layer
- Get cold easy? layer over light/medium weight with expedition weight layer
- Non-cotton top & bottom layers (capilene or polypro)

- Gaitors
- Hat and sun cap
- Sunglasses & goggles
- Camera
- Sunscreen
- Day backpack (~2500 cubic inches or larger)

Avalanche & backcountry skiing/boarding gear

Provided by Exum:*

- Avalanche beacon (*you can use your own if you would like)
- Shovel (*you can use your own if you would like)

Equipment for backcountry skiing or snowboarding that you need to bring:

- Alpine with binding adapters, randonee skis, telemark skis or split snowboard
- and appropriate boots (Rentals available at)

Exum rents binding inserts for alpine bindings, alpine touring skis, skins and split snowboards
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- Skins(also available for rental at above stores)
- Poles(also available for rental at above stores)
- Fleece or liner glove for skinning
- Waterproof snow gloves or mittens (extra pair)
- Wool (and liner) socks
- Waterproof/windproof top and bottom outer shell
- Fleece insulation layer
- Get cold easy? layer over light/medium weight with expedition weight layer
- Non-cotton top & bottom layers (capilene or polypro)
- Hat and headband
- 1 or 2 liters of water
- Lunch and snacks
- Sunglasses & goggles
- Camera
- Sunscreen
- Day backpack